



5194
 HAM COOKED LEAN RED SODIUM
 BERKS



Ingredients

INGREDIENTS: CURED WITH: WATER, SALT, DEXTROSE, HYDROLYZED SOY PROTEIN, BROWN SUGAR, SODIUM PHOSPHATE, CORN SYRUP SOLIDS, SODIUM ERYTHORBATE, SODIUM NITRITE.

Shelf Life	Storage Temperature	Storage Method
150 DAYS FROM D.O.P.	34 - 40 F	Refrigerated

Nutrition Facts

Serving Size 2oz (56g)

Amount Per Serving	
Calories 60	Calories from Fat 15
% Daily Values*	
Total Fat 2g	3%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 510mg	21%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 1g	
Protein 9g	18%
Iron 2%	

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Product Specifications

UPC	GTIN	Case Wt.	Case Pack
076295051945	90076295051945	34	3

Case Dimensions

Case Length/Width/Height	Case Cube
18.625 X 11.5X 5.75	.713

Pallet Dimensions

Tier	High	Count
7	10	70

Berks Packing Company, Inc • 307-323 Bingaman Street • P.O. Box 5919 • Reading, PA 19610-5919
 Phone (800) 882-3757 • (610) 376-7291 • Fax (610) 378-1210 • www.berksfoods.com